

Swimming
Lessons for
Babies & Children
0 - 4 Years



Classes
available
7 days a
week!

The Perfect IntroDUCKtion to Swimming

Teaching independent swimming from birth!

Our classes encourage a respect for water and
a lifetime longing to jump in and have fun.



Find us on



Scan here for pools & classes





Why is teaching your child to swim important?

The physical & mental advantages gained from swimming are well documented. Here are some key facts about how it benefits your child:

- It provides a complete physical workout, strengthening your child's heart, lungs and respiratory system
- Learning to respond to key words can make your child sharper mentally, increase levels of awareness and understanding and improve communication between you
- Swimming facilitates development of crucial higher brain functions, core muscles and co-ordination
- You and your baby feel relaxed and confident in the water.

Programmes
designed by
child swimming
experts

Puddle Ducks Merseyside, classes across Liverpool and the surrounding areas including Warrington, St Helens, Haydock, Ormskirk & Southport.

We want every child to love swimming, respect the water and swim beautifully. That's why our standards are the highest and our approach is unique.



At Puddle Ducks, our highly trained and qualified teachers are experts at identifying children's levels of ability and adapting activities to the individual, nurturing confidence and encouraging natural ability.

#differentswimschool

Our lessons are taught in specially selected pools with limited class sizes, classes incorporate rhyme (our bespoke songs have been written by professional musicians) and movement based on extensive child development research.

Our programmes and teacher training are continuously developed in the latest techniques, ensuring our teaching standards remain the highest.

We're a proud member of the Swimming Teachers' Association



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Join us at puddleducks.com